

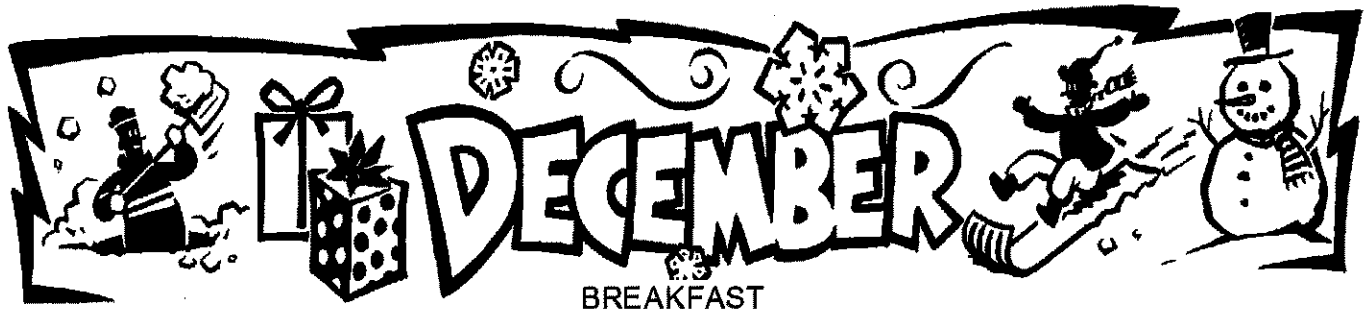
# December

## EDGARTOWN 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> <b>PIZZA</b> <b>PEPPERONI PIZZA</b> <b>TOMATO &amp; CUCUMBER</b> <b>TOSSED SALAD</b> <b>FRUIT COCKTAIL</b> <b>MILK TUE-THURS</b> <b>SALAD BAR</b> <b>FRUIT BOWL</b>	<b>3</b> <b>FISH TACOS</b> <b>CHICKEN FAJITAS</b> <b>RICE &amp; BEANS</b> <b>CORN SALAD</b> <b>KALE SALAD/ FRUIT</b> <b>CARROT STICKS</b> <b>FRUIT COCKTAIL</b> <b>MILK TUE-THURS</b> <b>FRUIT BOWL</b> <b>PLUM&amp;NECTARIN</b>	<b>4</b> <b>MACARONI AND CHEESE</b> <b>(NEW</b> <b>GREEN BEANS</b> <b>ROLLS,WHEAT</b> <b>TOSSED SALAD</b> <b>MILK TUE-THURS</b> <b>FRUIT BOWL</b>	<b>5</b> <b>STEAK TIPS</b> <b>BAKED CHICKEN</b> <b>RICE &amp; BEANS</b> <b>CARROTS</b> <b>TOSSED SALAD</b> <b>FRUIT BOWL</b> <b>MILK TUE-THURS</b>	<b>6</b> <b>PULLED PORK</b> <b>SANDWICH</b> <b>BBQ BEEF ON BUN</b> <b>TOSSED SALAD</b> <b>CELERY STICKS</b> <b>CARROT STICKS</b> <b>SLICED PEACHES</b> <b>MILK TUE-THURS</b> <b>FRUIT BOWL</b>
<b>9</b> <b>AMERICAN CHOP SUEY</b> <b>GARLIC NOODLES</b> <b>BROCCOLI</b> <b>GARLIC BREAD</b> <b>TOSSED SALAD</b> <b>FRUIT SALAD</b> <b>MILK TUE-THURS</b> <b>FRUIT BOWL</b>	<b>10</b> <b>PORK CHOPS</b> <b>BAKED SALMON</b> <b>SWEET POTATO</b> <b>PEAS &amp; ONIONS</b> <b>TOSSED SALAD</b> <b>MILK TUE-THURS</b> <b>FRUIT BOWL</b>	<b>11</b> <b>BAKED HAM</b> <b>POTATOES AU GRATIN</b> <b>CHICKEN CURRY</b> <b>CASSEROLE</b> <b>BROCCOLI</b> <b>GARLIC BREAD</b> <b>TOSSED SALAD</b> <b>MILK TUE-THURS</b> <b>TUNA SALAD</b> <b>FRUIT BOWL</b>	<b>12</b> <b>CHINESE CHICKEN</b> <b>CHINESE STYLE</b> <b>VEGETABLES</b> <b>FRIED RICE</b> <b>ORIENTAL SALAD</b> <b>PINEAPPLE</b> <b>MILK TUE-THURS</b> <b>FRUIT BOWL</b> <b>SALAD BAR</b>	<b>13</b> <b>TURKEY W/CHEESE</b> <b>SANDWICH</b> <b>Egg salad</b> <b>VEGETABLE STICKS</b> <b>THREE BEAN SALAD</b> <b>TOSSED SALAD</b> <b>POTATO CHIPS</b> <b>FRUIT BOWL</b> <b>MILK TUE-THURS</b>
<b>16</b> <b>PIZZA</b> <b>PEPPERONI PIZZA</b> <b>TOMATO &amp; CUCUMBER</b> <b>TOSSED SALAD</b> <b>FRUIT COCKTAIL</b> <b>MILK TUE-THURS</b> <b>SALAD BAR</b> <b>FRUIT BOWL</b>	<b>17</b> <b>BAKED SALMON</b> <b>RICE &amp; BEANS</b> <b>CHIC' PENNE</b> <b>TOMATO &amp; CUCUMBER</b> <b>TOSSED SALAD</b> <b>FRUIT BOWL</b> <b>PLUM&amp;NECTARIN</b> <b>MILK TUE-THURS</b>	<b>18</b> <b>ROAST BEEF</b> <b>TURKEY &amp;GRAVY</b> <b>STUFFING</b> <b>MASHED POTATO</b> <b>BUTTERNUT SQUASH</b> <b>PEAS &amp; CARROTS</b> <b>ROLLS,WHEAT</b> <b>APPLE CRISP</b> <b>SALAD BAR</b> <b>FRUIT BOWL</b>	<b>19</b> <b>TOMATO SOUP</b> <b>GRILLED CHEESE</b> <b>CHEF SALAD</b> <b>VEGETABLE STICKS</b> <b>SALAD KALE</b> <b>OATMEAL COOKIES</b> <b>MILK TUE-THURS</b> <b>FRUIT BOWL</b>	<b>20</b> <b>HOT DOG ON A BUN</b> <b>BAKED BEANS</b> <b>PEPPER STRIPS</b> <b>TOSSED SALAD</b> <b>VEGETABLE STICKS</b> <b>WATERMELON</b> <b>MILK TUE-THURS</b> <b>FRUIT BOWL</b>
<b>23</b> <b>NO SCHOOL TODAY</b>	<b>24</b> <b>NO SCHOOL TODAY</b>	<b>25</b> <b>NO SCHOOL TODAY</b>	<b>26</b> <b>NO SCHOOL TODAY</b>	<b>27</b> <b>NO SCHOOL TODAY</b>
<b>30</b> <b>NO SCHOOL TODAY</b>	<b>31</b> <b>NO SCHOOL TODAY</b>			

AVAILABLE DAILY  
MILK,SALAD,FRESH  
FRUIT

This institution is an equal  
opportunity provider

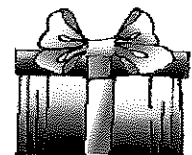


BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> PANCAKES BREAKFAST SAUSAGE FRESH FRUIT SALAD ORANGE JUICE YOGURT GRANOLA CEREAL,VARIETY FRUIT BOWL MILK TUE-THURS	<b>3</b> SCRAMBLED EGGS BREAKFAST SAUSAGE ENGLISH MUFFINS,PLAIN,TO FRESH FRUIT SALAD ORANGE JUICE YOGURT GRANOLA CEREAL,VARIETY FRUIT BOWL	<b>4</b> BREAKFAST BURRITO W/ SAL PLAIN BAGEL OATMEAL BAKED HAM FRESH FRUIT SALAD CEREAL,VARIETY ORANGE JUICE YOGURT FRUIT BOWL	<b>5</b> SCRAMBLED EGGS TOAST,WHOLE-WHEAT BREAD FRESH FRUIT SALAD CEREAL,VARIETY YOGURT GRANOLA ORANGE JUICE FRUIT BOWL MILK TUE-THURS	<b>6</b> PLAIN BAGEL FRUIT SMOOTHIE BREAKFAST SAUSAGE FRESH FRUIT SALAD YOGURT GRANOLA CEREAL,VARIETY FRUIT BOWL MILK TUE-THURS
<b>9</b> PANCAKES BREAKFAST SAUSAGE FRESH FRUIT SALAD ORANGE JUICE YOGURT GRANOLA CEREAL,VARIETY FRUIT BOWL MILK TUE-THURS	<b>10</b> SCRAMBLED EGGS BREAKFAST SAUSAGE ENGLISH MUFFINS,PLAIN,TO FRESH FRUIT SALAD ORANGE JUICE YOGURT GRANOLA CEREAL,VARIETY FRUIT BOWL	<b>11</b> BREAKFAST BURRITO W/ SAL PLAIN BAGEL OATMEAL BAKED HAM FRESH FRUIT SALAD CEREAL,VARIETY ORANGE JUICE YOGURT FRUIT BOWL	<b>12</b> SCRAMBLED EGGS TOAST,WHOLE-WHEAT BREAD FRESH FRUIT SALAD CEREAL,VARIETY YOGURT GRANOLA ORANGE JUICE FRUIT BOWL MILK TUE-THURS	<b>13</b> PLAIN BAGEL FRUIT SMOOTHIE BREAKFAST SAUSAGE FRESH FRUIT SALAD YOGURT GRANOLA CEREAL,VARIETY FRUIT BOWL MILK TUE-THURS
<b>16</b> PANCAKES BREAKFAST SAUSAGE FRESH FRUIT SALAD ORANGE JUICE YOGURT GRANOLA CEREAL,VARIETY FRUIT BOWL MILK TUE-THURS	<b>17</b> SCRAMBLED EGGS BREAKFAST SAUSAGE ENGLISH MUFFINS,PLAIN,TO FRESH FRUIT SALAD ORANGE JUICE YOGURT GRANOLA CEREAL,VARIETY FRUIT BOWL	<b>18</b> BREAKFAST BURRITO W/ SAL PLAIN BAGEL OATMEAL BAKED HAM FRESH FRUIT SALAD CEREAL,VARIETY ORANGE JUICE YOGURT FRUIT BOWL	<b>19</b> SCRAMBLED EGGS TOAST,WHOLE-WHEAT BREAD FRESH FRUIT SALAD CEREAL,VARIETY YOGURT GRANOLA ORANGE JUICE FRUIT BOWL MILK TUE-THURS	<b>20</b> PLAIN BAGEL FRUIT SMOOTHIE BREAKFAST SAUSAGE FRESH FRUIT SALAD YOGURT GRANOLA CEREAL,VARIETY FRUIT BOWL MILK TUE-THURS
<b>23</b> NO SCHOOL TODAY	<b>24</b> NO SCHOOL TODAY	<b>25</b> NO SCHOOL TODAY	<b>26</b> NO SCHOOL TODAY	<b>27</b> NO SCHOOL TODAY
<b>30</b> NO SCHOOL TODAY	<b>31</b> NO SCHOOL TODAY			

MILK, JUICE & FRUIT  
 AVAILABLE DAILY

This institution is an equal  
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## Almoço - Dezembro de 2024 - Edgartown School

Segunda	Terça	Quarta	Quinta	Sexta
<b>2</b> <ul style="list-style-type: none"><li>- Pizza pepperoni</li><li>- Pizza</li><li>- Tomate e pepino</li><li>- Salada mista</li><li>- Coquetel de frutas</li><li>- Leite (De terça a quinta)</li><li>- Bufê de salada</li><li>- Tigela com frutas</li></ul>	<b>3</b> <ul style="list-style-type: none"><li>- Taco de peixe</li><li>- Fajita de frango</li><li>- Arroz e feijão</li><li>- Salada de milho</li><li>- Salada de couve/frutas</li><li>- Palitos de cenoura</li><li>- Coquetel de frutas</li><li>- Leite (De terça a quinta)</li><li>- Tigela com frutas</li><li>- Ameixa e nectarina</li></ul>	<b>4</b> <ul style="list-style-type: none"><li>- Macarrão c/ queijo (novo)</li><li>- Feijão verde</li><li>- Pãozinho redondo integral</li><li>- Salada mista</li><li>- Leite (De terça a quinta)</li><li>- Tigela com frutas</li></ul>	<b>5</b> <ul style="list-style-type: none"><li>- Cubinhos de bife</li><li>- Frango ao forno</li><li>- Arroz e feijão</li><li>- Cenoura</li><li>- Salada mista</li><li>- Tigela com frutas</li><li>- Leite (De terça a quinta)</li></ul>	<b>6</b> <ul style="list-style-type: none"><li>- Sanduíche de carne de porco desfiada</li><li>- Bife estilo "barbecue" no pão</li><li>- Salada mista</li><li>- Palitos de aipo</li><li>- Palitos de cenoura</li><li>- Pêssego em fatias</li><li>- Leite (De terça a quinta)</li><li>- Tigela com frutas</li></ul>
<b>9</b> <ul style="list-style-type: none"><li>- Macarrão com alho estilo "chop suey" americano</li><li>- Brócolis</li><li>- Pão de alho</li><li>- Salada mista</li><li>- Salada de fruta</li><li>- Leite (De terça a quinta)</li><li>- Tigela com frutas</li></ul>	<b>10</b> <ul style="list-style-type: none"><li>- Costeletas de porco</li><li>- Salmão ao frango</li><li>- Batata doce</li><li>- Ervilha e cebola</li><li>- Salada mista</li><li>- Leite (De terça a quinta)</li><li>- Tigela com frutas</li></ul>	<b>11</b> <ul style="list-style-type: none"><li>- Presunto ao forno</li><li>- Batatas grelhadas</li><li>- Caçarola de frango ao curry</li><li>- Brócolis</li><li>- Pão com alho</li><li>- Salada mista</li><li>- Leite (De terça a quinta)</li><li>- Salada de atum</li><li>- Tigela com frutas</li></ul>	<b>12</b> <ul style="list-style-type: none"><li>- Frango estilo chinês</li><li>- Verduras estilo chinês</li><li>- Arroz frito</li><li>- Salada oriental</li><li>- Abacaxi</li><li>- Leite (De terça a quinta)</li><li>- Tigela com frutas</li><li>- Bufê de salada</li></ul>	<b>13</b> <ul style="list-style-type: none"><li>- Sanduíche de peru com queijo</li><li>- Salada de ovo</li><li>- Palitos de verdura</li><li>- Salada de três feijões</li><li>- Salada mista</li><li>- Batata chips</li><li>- Tigela com frutas</li><li>- Leite (De terça a quinta)</li></ul>
<b>16</b> <ul style="list-style-type: none"><li>- Pizza pepperoni</li><li>- Pizza</li><li>- Tomate e pepino</li><li>- Salada mista</li><li>- Coquetel de frutas</li><li>- Leite (De terça a quinta)</li><li>- Bufê de salada</li><li>- Tigela com frutas</li></ul>	<b>17</b> <ul style="list-style-type: none"><li>- Salmão ao forno</li><li>- Arroz e feijão</li><li>- Frango c/ macarrão estilo "penne"</li><li>- Tomate e pepino</li><li>- Salada mista</li><li>- Tigela com frutas</li><li>- Ameixa e nectarina</li><li>- Leite (De terça a quinta)</li></ul>	<b>18</b> <ul style="list-style-type: none"><li>- Rosbife</li><li>- Peru com molho</li><li>- Recheio de peru</li><li>- Purê de batata</li><li>- Abobrinha</li><li>- Ervilha e cenoura</li><li>- Pãozinho integral</li><li>- Crocante de maçã</li><li>- Bufê de salada</li><li>- Tigela com frutas</li></ul>	<b>19</b> <ul style="list-style-type: none"><li>- Sopa de tomate</li><li>- Queijo grelhado</li><li>- Salada do chef</li><li>- Palitos de verdura</li><li>- Salada de couve</li><li>- Biscoito de aveia</li><li>- Leite (De terça a quinta)</li><li>- Tigela com frutas</li></ul>	<b>20</b> <ul style="list-style-type: none"><li>- Cachorro-quente no pão</li><li>- Feijão ao forno</li><li>- Tiras de pepino</li><li>- Salada mista</li><li>- Palitos de verdura</li><li>- Melancia</li><li>- Leite (De terça a quinta)</li><li>- Tigela com frutas</li></ul>
<b>23</b> <p><i>SEM AULAS HOJE!</i></p>	<b>24</b> <p><i>SEM AULAS HOJE!</i></p>	<b>25</b> <p><i>SEM AULAS HOJE!</i></p>	<b>26</b> <p><i>SEM AULAS HOJE!</i></p>	<b>27</b> <p><i>SEM AULAS HOJE!</i></p>
<b>30</b> <p><i>SEM AULAS HOJE!</i></p>	<b>31</b> <p><i>SEM AULAS HOJE!</i></p>	<p><i>LEITE, SALADA E FRUTAS FRESCAS DISPONÍVEIS DIARIAMENTE</i></p> <p><i>Esta instituição fornece oportunidades iguais.</i></p>		



## Café da manhã - Dezembro de 2024 - Edgartown School

Segunda	Terça	Quarta	Quinta	Sexta
<b>2</b> <ul style="list-style-type: none"><li>- Panqueca</li><li>- Salsicha do café da manhã</li><li>- Salada de frutas frescas</li><li>- Suco de laranja</li><li>- Iogurte</li><li>- Granola</li><li>- Cereal, variedade</li><li>- Tigela com frutas</li><li>- Leite (De terça a quinta)</li></ul>	<b>3</b> <ul style="list-style-type: none"><li>- Ovo mexidos</li><li>- Salsicha do café da manhã</li><li>- Pão "muffin"</li><li>- Salada de frutas frescas</li><li>- Suco de laranja</li><li>- Iogurte</li><li>- Granola</li><li>- Cereal, variedade</li><li>- Tigela com frutas</li></ul>	<b>4</b> <ul style="list-style-type: none"><li>- Burrito do café da manhã com salsa</li><li>- Pão "bagel" simples</li><li>- Aveia</li><li>- Presunto ao forno</li><li>- Salada de frutas frescas</li><li>- Cereal, variedade</li><li>- Suco de laranja</li><li>- Iogurte</li><li>- Tigela com frutas</li></ul>	<b>5</b> <ul style="list-style-type: none"><li>- Ovos mexidos</li><li>- Torrada, pão integral</li><li>- Salada de frutas frescas</li><li>- Cereal, variedade</li><li>- Iogurte</li><li>- Granola</li><li>- Suco de laranja</li><li>- Tigela com frutas</li><li>- Leite (De terça a quinta)</li></ul>	<b>6</b> <ul style="list-style-type: none"><li>- Pão "bagel" simples</li><li>- Vitamina de fruta</li><li>- Salsicha do café da manhã</li><li>- Salada de frutas frescas</li><li>- Iogurte</li><li>- Granola</li><li>- Cereal, variedade</li><li>- Tigela com frutas</li><li>- Leite (De terça a quinta)</li></ul>
<b>9</b> <ul style="list-style-type: none"><li>- Panqueca</li><li>- Salsicha do café da manhã</li><li>- Salada de frutas frescas</li><li>- Suco de laranja</li><li>- Iogurte</li><li>- Granola</li><li>- Cereal, variedade</li><li>- Tigela com frutas</li><li>- Leite (De terça a quinta)</li></ul>	<b>10</b> <ul style="list-style-type: none"><li>- Ovo mexidos</li><li>- Salsicha do café da manhã</li><li>- Pão "muffin"</li><li>- Salada de frutas frescas</li><li>- Suco de laranja</li><li>- Iogurte</li><li>- Granola</li><li>- Cereal, variedade</li><li>- Tigela com frutas</li></ul>	<b>11</b> <ul style="list-style-type: none"><li>- Burrito do café da manhã com salsa</li><li>- Pão "bagel" simples</li><li>- Aveia</li><li>- Presunto ao forno</li><li>- Salada de frutas frescas</li><li>- Cereal, variedade</li><li>- Suco de laranja</li><li>- Iogurte</li><li>- Tigela com frutas</li></ul>	<b>12</b> <ul style="list-style-type: none"><li>- Ovos mexidos</li><li>- Torrada, pão integral</li><li>- Salada de frutas frescas</li><li>- Cereal, variedade</li><li>- Iogurte</li><li>- Granola</li><li>- Suco de laranja</li><li>- Tigela com frutas</li><li>- Leite (De terça a quinta)</li></ul>	<b>13</b> <ul style="list-style-type: none"><li>- Pão "bagel" simples</li><li>- Vitamina de fruta</li><li>- Salsicha do café da manhã</li><li>- Salada de frutas frescas</li><li>- Iogurte</li><li>- Granola</li><li>- Cereal, variedade</li><li>- Tigela com frutas</li><li>- Leite (De terça a quinta)</li></ul>
<b>16</b> <ul style="list-style-type: none"><li>- Panqueca</li><li>- Salsicha do café da manhã</li><li>- Salada de frutas frescas</li><li>- Suco de laranja</li><li>- Iogurte</li><li>- Granola</li><li>- Cereal, variedade</li><li>- Tigela com frutas</li><li>- Leite (De terça a quinta)</li></ul>	<b>17</b> <ul style="list-style-type: none"><li>- Ovo mexidos</li><li>- Salsicha do café da manhã</li><li>- Pão "muffin"</li><li>- Salada de frutas frescas</li><li>- Suco de laranja</li><li>- Iogurte</li><li>- Granola</li><li>- Cereal, variedade</li><li>- Tigela com frutas</li></ul>	<b>18</b> <ul style="list-style-type: none"><li>- Burrito do café da manhã com salsa</li><li>- Pão "bagel" simples</li><li>- Aveia</li><li>- Presunto ao forno</li><li>- Salada de frutas frescas</li><li>- Cereal, variedade</li><li>- Suco de laranja</li><li>- Iogurte</li><li>- Tigela com frutas</li></ul>	<b>19</b> <ul style="list-style-type: none"><li>- Ovos mexidos</li><li>- Torrada, pão integral</li><li>- Salada de frutas frescas</li><li>- Cereal, variedade</li><li>- Iogurte</li><li>- Granola</li><li>- Suco de laranja</li><li>- Tigela com frutas</li><li>- Leite (De terça a quinta)</li></ul>	<b>20</b> <ul style="list-style-type: none"><li>- Pão "bagel" simples</li><li>- Vitamina de fruta</li><li>- Salsicha do café da manhã</li><li>- Salada de frutas frescas</li><li>- Iogurte</li><li>- Granola</li><li>- Cereal, variedade</li><li>- Tigela com frutas</li><li>- Leite (De terça a quinta)</li></ul>
<b>23</b> <p><i>SEM AULAS HOJE!</i></p>	<b>24</b> <p><i>SEM AULAS HOJE!</i></p>	<b>25</b> <p><i>SEM AULAS HOJE!</i></p>	<b>26</b> <p><i>SEM AULAS HOJE!</i></p>	<b>27</b> <p><i>SEM AULAS HOJE!</i></p>
<b>30</b> <p><i>SEM AULAS HOJE!</i></p>	<b>31</b> <p><i>SEM AULAS HOJE!</i></p>	<p><i>LEITE, SALADA E FRUTAS FRESCAS DISPONÍVEIS DIARIAMENTE</i></p> <p><i>Esta instituição fornece oportunidades iguais.</i></p>	